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Blue Flowers Create Zen Garden

KENNETT SQUARE, PA (September 2020) - Blue is a classic color of nature, the color of the sky and the ocean. It's a color many people associate with peacefulness and serenity. It's no wonder blue flowers are so popular. It's also because they are rare. Less than 10 percent of all flowering plants have blue flowers. In fact, the color blue doesn't exist in plants. What we see is a blue-toned purple, lavender, or even a cool-toned red.

This year, add the calming effect of blue to your spring garden by planting a sea of blue-hued flowers.

Now is the perfect time to plant spring-flowering bulbs. They are easy to add to existing gardens. Just tuck them in between your perennials and groundcovers. Plant them in front of deciduous shrubs so they'll get plenty of light before the shrubs leaf out. Very early varieties like crocus can be planted right in the lawn.

Here are our top eight blue flowering bulbs to create your own Zen garden.

Top 8 Blue-Hued Flowering Bulbs

- Anemone (*Anemone blanda*)
- Crocuses (*Crocus* varieties)
- Dwarf iris (*Iris reticulata*)
- Glory-of-the-Snow (*Chionodoxa*)
- Grape hyacinth (*Muscari* varieties)
- Hyacinth (*Hyacinthus* varieties)
- Siberian squill (*Scilla siberica*)
- Striped squill (*Puschkinia libanotica*)

Planting these bulbs now, will allow you to surround yourself next spring with the color that encourages both inspiration and relaxation.

Flowerbulbs.com is a promotional agency for the flower bulb sector. Their goal is to educate and inspire new and experienced gardeners. They do not sell flower bulbs; they encourage consumers to visit their local independent garden centers. High-resolution images are available royalty-free when citing FlowerBulbs.com as the source.

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